



# St Gregory's Foundation

Charity no. 1002469

Helping vulnerable children and families in Russia and Georgia

## Thank you for volunteering for St Gregory's Foundation.

**Title of role:** Volunteer for St. Gregory's Foundation in Russia (St. Petersburg) for Dinamika School and the Sunflower Centre

**Objective(s) of role:** Volunteering for SGF gives those interested in our work an opportunity to participate directly where possible, whether by offering their time and skills unpaid to our beneficiaries and partner organisations in Russia.

### Tasks and activities to be undertaken:

Tasks	Contacts	Reports to
<b>Dinamika School:</b> teaching English to disabled pupils (suitable for those who have a TEFL qualification and some experience).	<ul style="list-style-type: none"><li>➤ Yulia Dare, Executive Director "PDD" ("Let's help each other") Благотворительный фонд "Поможем друг другу" (СПб) <a href="http://fond-pdd.ru">http://fond-pdd.ru</a> Facebook: <a href="https://www.facebook.com/PDDfoundation">https://www.facebook.com/PDDfoundation</a> <a href="mailto:info@fond-pdd.ru">mailto:info@fond-pdd.ru</a></li><li>➤ Sania Elmarovna Porshneva – the Head teacher of Dinamika (contact via Yulea Dare, PDD or Julia Ashmore, SGF)</li></ul>	Julia Ashmore, Executive Secretary, St Gregory's Foundation  <a href="mailto:Julia-sgf@outlook.com">Julia-sgf@outlook.com</a> , (+44) 2033724992
<b>Sunflower Centre:</b> playing with children on Saturday mornings while parents are in support group sessions. Small admin tasks, updating content of their website, assisting events, translating from Russian to English.	<ul style="list-style-type: none"><li>➤ Elena Sukhorukova, Director Sunflower Centre АНО "Родительский центр "Подсолнух" <a href="http://podsolnukh.org/en/">http://podsolnukh.org/en/</a>, <a href="mailto:podsolnukh-spb@mail.ru">mailto : podsolnukh-spb@mail.ru</a></li></ul>	as above
<b>Food Aid Programme:</b> helping to distribute food parcels 3-4 times/year	<ul style="list-style-type: none"><li>➤ Irina Lyalina, the Project Leader, <a href="mailto:lialina314@yandex.ru">mailto:lialina314@yandex.ru</a></li></ul>	as above

### Problems during your volunteering period:

You will find a very warm welcome in St Petersburg. Should you have any problems with regard to your volunteering, we will do our best to help you. Please call Julia Ashmore on 0203 372 4992.

[www.stgregorysfoundation.org.uk](http://www.stgregorysfoundation.org.uk)

Patrons: HRH Prince Michael of Kent, GCVO and Archbishop Gregorios of Thyateira and GB

Founder Patron: Metropolitan Anthony of Sourozh

Chair: Nicholas Kolarz Executive Secretary: Julia Ashmore

Registered address: 8 Biddulph Road, London W9 1JB Tel: 0203 372 4992



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## Work hours:

Part time, according to time-table of projects, occasionally at weekends.

## Expectations of behaviour and dress (if appropriate):

- ✓ **Be reliable**  
For example: Attend as arranged or inform the organisation if you cannot do so.  
Do the things, that you have been asked to do.
- ✓ **Work within the aims and objectives of the organisation**  
For example: Follow the rules laid down by the policies of the organisation.
- ✓ **Be honest if there are any problems**  
For example: If you are troubled by something when you are volunteering you need to let the organisation know of your concerns.
- ✓ **Respect confidentiality**  
Be respectful of the privacy of the people who you help in the organisation.
- ✓ **Treat people fairly**  
For example: Be kind and considerate - put yourself in other people's shoes.
- ✓ **Accept that everybody is different**  
Habits, beliefs and values are personal and individual. Each person has a valid contribution to make.

**Skills and qualifications – essential and desirable:** Dinamika – TEFL, good Russian, Sunflower – essential to have good Russian, initiative and like working with young children, Food Aid Programme – good Russian, initiative and like helping vulnerable people.

## *We hope that volunteering for SGF will help you*

- ✓ Do something you really enjoy
- ✓ Make use of your special interests and talents
- ✓ Learn new skills and develop new interests
- ✓ Meet new people with similar interests and make new friends
- ✓ Find out more about the work you are considering as a career
- ✓ Have a chance to take some responsibility and make decisions
- ✓ Gain valuable training and experience which may help you into paid employment

## *Welcome aboard!*



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