



St Gregory's Foundation

Charity no. 1002469

Helping vulnerable children and families in Russia and Georgia

Title of role: Volunteer for St. Gregory's Foundation in Russia (St. Petersburg) for Deaf Club at the Institute of Early Intervention and the Sunflower Centre

Objective(s) of role: Volunteering for SGF gives those interested in our work an opportunity to participate directly where possible, by offering their time and skills unpaid to our beneficiaries and partner organisations in Russia.

Tasks and activities to be undertaken:

Deaf Club at the Early Intervention Institute in St Petersburg

-2 days a week (4 hours) - playing with children, helping parents at request during play and music therapy sessions, helping specialists before and after sessions (preparing the premises for training sessions). 1 day a week (3-4 hours) - helping to sort out toys and books in the storage of the EI, preparing books to be sent by post, helping to make videos of individual sessions.

Education/ skills: a suitable candidate preferably has an arts education, Russian speaking skills, likes and enjoys playing with children, plays a musical instrument (preferably guitar), is able to work and organise things independently and is self-motivated. DBS certificate is required.

The suitable candidate will be given an introduction to the work of the Deaf Club, the EEI. He or she will work together with their personnel, will be assisted at each task and helped to improve Russian language skills. Tea, snacks and warm communication is offered too!

The opportunity is open from: January -June, September - December 2020.

Contact: Valentina Balabanova, the Director of Deaf Club - via Julia Ashmore, Executive Secretary, StGregory's.

Reports to: Julia Ashmore, Julia-sgf@outlook.com, (+44) 2033724992

Sunflower Centre in StPetersburg

3-5 hours a week volunteering at the programme "My tomorrow" (the programme is designed to help orphanage-leavers on their way to independent life). Main tasks are participating at training sessions, helping organise events and outdoor activities, organising a summer hike, peer to peer assistance and communication.

Education/ skills: Active young people from 18 years old, living independently; possibly with secondary education, having work experience, Russian speaking skills, flexible and quick learner, possibly with experience of living at a boarding school or in a foster family, DIY or outdoor/ active tourism skills.

A suitable candidate will be given an introduction to the work of the Sunflower Centre. He or she will work closely with the Programme coordinator, will be assisted at each task and helped to improve Russian language skills. Tea, snacks and warm communication and atmosphere is offered too!

The opportunity is open from: Spring and summer 2020. TBC for September - December 2020.

Contact: Elena Sukhorukova, the Director of Sunflower Centre, St Petersburg - via Julia Ashmore, Executive Secretary, StGregory's.

Reports to: Julia Ashmore, Julia-sgf@outlook.com, (+44) 2033724992

www.stgregorysfoundation.org.uk

Patrons: HRH Prince Michael of Kent, GCV0

Founder Patron: Metropolitan Anthony of Sourozh

Chair: Nicholas Kolarz Executive Secretary: Julia Ashmore

Registered address: 8 Biddulph Road, W9 1JB, London Tel. 0203 372 4992



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Useful links:

<http://stgregorysfoundation.org.uk/what-we-do/deaf-children-and-their-families/>

<http://old3.eii.ru/en/>

<https://www.facebook.com/Родительский-клуб-для-семей-с-детьми-с-нарушенным-слухом-570553456297413/>

Useful links:

<http://stgregorysfoundation.org.uk/what-we-do/teenage-orphanage-graduates/>

http://podsolnukh.org/en/programms/moe_zavtra/

https://vk.com/my_and_your_tomorrow

Problems during your volunteering period:

You will find a very warm welcome in St Petersburg. Should you have any problems with regard to your volunteering, we will do our best to help you. Please call Julia Ashmore on 0203 372 4992 (office hours).

Work hours: Part time, according to time-table of projects, occasionally at weekends.

Expectations of behaviour and dress (if appropriate):

- ✚ **Be reliable.** For example: Attend as arranged or inform the organisation if you cannot do so. Do the things, that you have been asked to do.
- ✚ **Work within the aims and objectives of the organisation.** For example: Follow the rules laid down by the policies of the organisation.
- ✚ **Be honest if there are any problems.** For example: If you are troubled by something when you are volunteering you need to let the organisation know of your concerns.
- ✚ **Respect confidentiality.** Be respectful of the privacy of the people who you help in the organisation.
- ✚ **Treat people fairly.** For example: Be kind and considerate - put yourself in other people's shoes.
- ✚ **Accept that everybody is different.** Habits, beliefs and values are personal and individual. Each person has a valid contribution to make.

We hope that volunteering for SGF will help you:

- ✓ Do something you really enjoy
- ✓ Make use of your special interests and talents
- ✓ Learn new skills and develop new interests
- ✓ Meet new people with similar interests and make new friends
- ✓ Find out more about the work you are considering as a career
- ✓ Have a chance to take some responsibility and make decisions
- ✓ Gain valuable training and experience which may help you into paid employment

Welcome aboard!

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